

### OLMC Spiritual Life

- All students attend Mass each Friday and on Holy Days of Obligation when school is in session.
- The school day opens and closes with various prayers in common led by administration.
- Religion is taught as a core required class daily.
- Sacramental preparation in second grade for Reconciliation and First Holy Communion supports the parish programs.
- First Friday Adoration with all grade levels in honor of the Sacred Heart.
- Pope's Prayer Club – founded to pray for vocations to priestly and religious life and to deepen each participating student's prayer life through discussion, lessons and prayer.
- The school is open to, and enriched by, families of all faiths.
- Parents gather weekly on Thursdays at 8:15 to pray the rosary for various intentions.
- Parents serve as Ministers of Holy Communion at school Masses.
- Prayer is integrated into the daily routine of the classroom.
- Discipline is viewed as the opportunity to grow in virtue, and to see oneself and one's neighbor as children of God with a supernatural origin and destiny.
- During October, the month of the rosary, the principal prays the rosary with an individual homeroom class each day. Late in the month the entire school prays a student-led "Living Rosary" during which students and parents are invited to meditate on the saving mysteries of Christ's life.
- Teachers pray Stations of the Cross weekly during Lent with homeroom or religion classes.
- Students perform the Living Stations of the Cross during Holy Week for student and parent meditation.
- May Procession in honor of Our Lady during the first week of May.
- Retreats for middle school students.
- Virtue of the Month program targets growth in faith, hope, and love – the virtues that connect us directly to God and enable us to love our neighbor with God's own love. This intentional virtue program navigates student growth through common growing pains such as bullying, teasing, ostracizing, and learning to live the call to gospel charity in a diverse environment.

#### Goals for coming years:

- Regular confession opportunities during the school day for teachers/ students
- Faith Day with emphasis on devotion to the Eucharist and living a Eucharistic life